

# Cape Cod Institute®

40th ANNIVERSARY

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Our 40th summer of timely,  
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**June 17-21**

**Elkhonon Goldberg**

Executive Functions in Health and Disease

**Linda Graham**

The Neuroscience of Coping with Disappointment,  
Difficulty, Disaster

**June 24-28**

**Deborah Plummer**

Advancing Inclusion: Turning Us and Them into We

**Molly Eldridge**

AEDP: Attachment in Action

**Maria Sirois**

Leveraging Moments of Grief, Illness, Hardship  
and Sudden Change

**July 1-5**

**Deborah Korn**

Treating Complex Trauma:  
Optimal Integration of Treatment Models

**Robert Hartl**

The Contemporary Use of Organization Development  
Principles for All

**George McCloskey**

Executive Function: Assessment and Intervention

**July 8-12**

**Deb Dana**

Polyvagal Theory in Therapy:  
Practical Applications for Treating Trauma

**Rubin Naiman**

Healing Sleep and Dreams

**Richard Boyatzis & Scott Taylor**

Developing Better Leaders through Coaching

**July 15-19**

**Richard Schwartz**

Internal Family Systems Workshop

**David Mars & Karen Pando-Mars**

Essential Ingredients of AEDPFC

**Flint Sparks**

Applied Mindfulness in Psychotherapy  
and Buddhist Practice

**July 22-26**

**John Forsyth & Jamie Forsyth**

Mindful ACT Therapy

**Janina Fisher**

Healing the Fragmented Selves of Trauma Survivors

**Harville Hendrix & Helen LaKelly Hunt**

IMAGO: Helping Couples Differentiate and Connect

**July 29 - August 2**

**Gloria Burgess**

Leading from Within: Conscious Living and Service

**Paul Foxman**

The Anxiety Epidemic in Kids and Teens:  
A Workshop for Clinicians

**Bessel van der Kolk**

Frontiers of Trauma Treatment

**August 5-9**

**Licia Sky**

Embodied Self-Experience: Enhancing Awareness  
in Clinical Practice

**Don Meichenbaum**

Achieving Lasting Treatment Changes for Clients

**Jeffrey Zeig**

Ericksonian Hypnosis: Advanced Techniques for Beginners

**Stephen Porges**

Clinical Applications of the Polyvagal Theory

**August 12-16**

**Edward Hallowell**

A Strength-Based Approach to ADHD Across the Life Span

**Lana Epstein**

Changing the Valence of Emotional Memory

**Bob Anderson**

Conscious Leadership:  
A Unified Model of Leadership Development

**Sheldon Solomon**

The Worm at the Core: On the Role of Death in Life

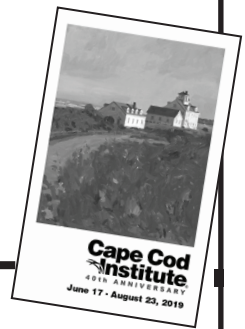
**August 19-23**

**Jonah Paquette**

Positive Psychology:  
The Science of Happiness and Well-Being

**Amy Weintraub & Angela Huebner**

IFS™ Goes to the Mat with LifeForce Yoga



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